

ROWAN GATE PRIMARY SCHOOL

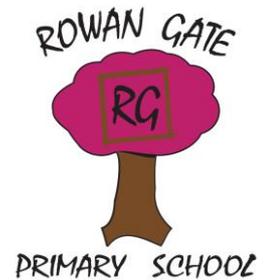
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(Friends of Rowan Gate School charity No: 1115349) Website: www.rowangateprimary.co.uk



WELLINGBOROUGH SITE

Finedon Road, Wellingborough,
Northamptonshire, NN8 4NS
Tel: 01933 304970

RUSHDEN SITE

Hayway, Rushden,
Northamptonshire, NN10 6AG
Tel: 01933 351200

September 2016

Dear Parents/Carers

We are starting to run 'sunshine circles' in our school based on Theraplay® principles. A sunshine circle is a group involving all children in enjoyable activities. The sessions are designed to build relationships, allowing children to grow socially, emotionally and often intellectually.

Every activity helps to develop your child's self-esteem, sense of belonging, ability to trust and to care for themselves and others. As part of sunshine circles children will participate in various nurturing activities where they hold hands for songs and games, dab lotion onto hands, knees and shins, and put a hand on a child's shoulder to give reassurance, for example.

The sessions are led by staff, trained in Theraplay® techniques and are supported by other adults. Rowan Gate Theraplay® practitioners will be supporting staff and overseeing the use of Theraplay® techniques across the school. As part of our ongoing professional development and our research on the impact of Theraplay®, some sessions may be videoed and used for staff discussion and training.

We are looking forward to introducing sunshine circles to our children. Each session will involve active and pleasant experiences, leading to an atmosphere of fun, caring, acceptance and encouragement.

If you have any questions, concerns or would like to know more about sunshine circles, please contact your child's class teacher.

Yours sincerely

Julia Coles

Julia Coles
Deputy Head



Sunshine Circles

Name of Child: _____ Class: _____

I give permission for the following (please tick each box and sign below)

- My child to participate in sunshine circle sessions
- My child to be videoed
- My child to have lotion applied to him/her
- Professionals working within education, care and health settings to observe Theraplay® sessions to enhance their knowledge of working with children.

Signature: _____ (Parent/Carer)

Date: _____

